



*In this edition of my Chair's Report, I talk about the success of the White Ribbon Day events, the Spending Review and updates from Care City and the Urgent and Emergency care Vanguard programme. I would welcome Board Members to comment on any item covered should they wish to do so.*

*Best wishes,  
Cllr Maureen Worby, Chair of the Health and Wellbeing Board*

## White Ribbon Day

Barking and Dagenham Council continued to support the White Ribbon Day campaign, which marks the UN International Day for the Elimination of Violence Against women, by holding a series of 'Silent Impact' events across the borough to raise awareness and money for local domestic and sexual violence victims supported. Domestic violence is a significant issue in Barking and Dagenham with high levels of reporting and the vast majority are women but not all. Domestic violence can affect anyone from any background.



Chris Naylor, LBBDD Chief Executive, reading the 'Raised Voices' poem

On 23 November, Council Leader, Councillor Darren Rodwell and senior council officers read a poem called 'Raised Voices' from the Town Hall steps, every hour following a request by Raising Voices and the Arc Theatre. The poem is about the day to day issues of abuse that some females face.

On White Ribbon Day on 25<sup>th</sup> November the council hosted a Domestic and Sexual Violence Conference funded by the Safer Neighbourhood Board at Eastbury Manor House. The event included the launch of the new council commissioned Independent Domestic and Sexual Violence Advocacy Service (IDVSA) provided by Victim Support as well as the new Barking and Dagenham Domestic Abuse online directory. The directory provides information and contact details for organisations offering advice and support to those affected by Domestic and/or sexual violence.

White Ribbon Day is all about raising awareness, and endorsing the message to not commit, condone or remain silent about any sort of violence and abuse be it domestic or sexual against women, girls and even men and boys. The Council is committed to ensuring fair access to support for all victims and the IDVSA service has been designed to include provision for those victims who may be less visible including those from Black and Minority Ethnic communities (BME), LGBT, male and young victims.

In addition to these events, on 4 December Councillor Rodwell and Councillor Laila Butt will be handcuffed together whilst visiting different locations within the borough whilst carrying a bucket to raise money. On 15 December, the Councillor Rodwell will be doing a sponsored silence. He will be sitting in the reception of Barking Town Hall dressed in white whilst remaining silent.

## White Ribbon Day continued...



More information and full details of all the 'Silent Impact' the events can be found here:

[www.lbbd.gov.uk/residents/community-safety-and-crime/dv/white-ribbon-day](http://www.lbbd.gov.uk/residents/community-safety-and-crime/dv/white-ribbon-day)

Anyone wishing to raise money for Victim support can donate through the Barking and Dagenham 'Silent Impact in LBBD' justgiving page:

[www.justgiving.com/site/ntimpactLBBD](http://www.justgiving.com/site/ntimpactLBBD)

## Spending Review and Autumn Statement 2015

The Government's Spending Review and Autumn Statement was announced on 25 November and contained a number of implications for partner organisations on the Health and Wellbeing Board:

- Overall police spending is protected with an increase of £900 million in cash terms by 2019-20.
- The government will increase NHS spending in England from £101 billion in 2015-16 to £120 billion by 2020-21, with £6bn available in the first year of the Spending Review period. This includes investing an additional £600 million in mental health services. Alongside this, the government expects the NHS to deliver £22 billion of the efficiency savings set out in the Five Year Forward View.
- By 2020, health and social care will be integrated across England, joining up services between social care providers and hospitals so that health and care will feel like a single service for patients.
- From 2017 social care funds for local government, rising to £1.5 billion by 2019-20, will be included in an improved Better Care Fund.
- Councils will be given the ability to add a 2% social care precept on council tax to spend exclusively on adult social care.
- The DCLG will consult on changes to the local government finance system to pave the way for 100% business rate retention by the end of the Parliament

Further details on the Spending Review and the impacts it will have locally are available in the Accountable Care Organisation and Spending Review report that has been published with this agenda and will be discussed at the meeting on 8<sup>th</sup> December.

## News from NHS England

### New quick guides to help services through winter

NHS England has published a series of quick guides around urgent care that show how many local health communities have improved the working relationships between independent care services and the NHS, from both the view of admissions and discharges from hospitals and care homes, but also making local health services relevant and appropriate for people living in these care settings.

The guides emphasise that communication is important so that underpinning principles are understood. This can allow people to move between care settings for treatment and care without delay, or can allow them stay in their homes in their local communities receiving the care they need.

Making sure the people who live in these community settings are well supported by local health services and that staff working there are encouraged and supported to develop their training and skills will hopefully mean people will not be admitted from them to hospital unnecessarily. It will also help ensure people are moved out of hospital more quickly, whether to return to their care home or to stay for a short period before moving back home. All six guides are available on the [NHS Choices website](#).

### Winter messages highlighted at the Self Care Conference

Tim Kelsey, NHS England's National Director for Patients and Information highlighted the need for people to help the NHS this winter by taking care of themselves and others when he addressed the Annual Self Care Conference at the start of November. The speech highlighted that it's vital that people are supported to care for their own and their family's health and understand when to access NHS services and when to self-care. The NHS winter campaign, 'Stay Well This Winter', is aimed at equipping people with this knowledge by encouraging people to visit the pharmacist for advice about winter ailments and promoting the flu vaccination.

Among the key messages in the winter campaign being run by NHS England jointly with Public Health England are:

- Look out for family, friends and neighbours – particularly the frail and elderly;
- Make sure get your flu jab;
- Keep yourself warm;
- Use your pharmacist;
- Stock up with cold and flu remedies;
- Don't run out of prescription medicines;
- Ensure you take your regular medication for existing conditions;
- If you feel unwell, get advice or treatment immediately from your GP.

### Self Care Forum research shows young people using A&E to access healthcare

New research commissioned by the Self Care Forum suggests young people need more information and support on how to use the NHS appropriately. The research by PAGB found that younger people are using A&E more to access health advice than older age groups. While 18-24 year olds are more likely than other age groups to use Google and NHS Choices to search for health information, at 42% they are the most regular users of A&E compared with 20% of people aged 55 and over.

## Update from Care City

Care City, the joint venture between NELFT and the London Borough of Barking and Dagenham that is aiming to improve the delivery of health and social care through innovation, integration and investment, has now moved into its brand new premises at Maritime House, Linton Road in Barking. There are a number of meeting rooms and training facilities available for partners to book, if you would like to use any of them please contact [Lindsey.worpole2@nelft.nhs.uk](mailto:Lindsey.worpole2@nelft.nhs.uk) The official launch of Care City will take place on 18<sup>th</sup> January. In recent days it has been agreed that the programme team working on the Accountable Care Organisation business case will be based in Care City from December.



Care City is through to the final stage of the government's Healthcare Innovation Test Bed programme, which it was announced at the recent Spending Review would be expanded by an extra £10m. Care City is hoping to secure £1.7m in funding to carry out research on 11 innovations focussed around older people with long term conditions, older people with dementia and carers. From over 31 original sites Care City is the only London-based bid through to the final stage and has attracted support from UCL Partners, Imperial College Healthcare and Health Innovation Network South London.

Care City is also preparing a bid with Community Catalysts to set up a hub and spoke model that will help local community enterprises providing health and social care services to grow and become more sustainable. Community Catalysts are a social enterprise who specialise in working with community enterprises and the bid is hoping to secure around £2m from the Big Lottery Fund.

## Urgent and Emergency Care Vanguard

The Urgent and Emergency Care Vanguard bid has now been submitted to NHS England and we are now waiting to see how much funding is made available to develop the changes proposed.

A 'rapid design week' was held in October to develop a logic model, which led to the development of the value propositions which makes up the bid for funding. Once funding is secured further work to develop the new Urgent and Emergency Care model will take place and this will involve partner organisations as well as patients.

## Health and Wellbeing Board Meeting Dates

Tuesday 26 January 2016, Tuesday 8 March 2016, Tuesday 26 April 2016, Tuesday 14 June 2016.

All meetings start at 6pm and are held in the conference room of the Barking Learning Centre.